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TILBURY Water.

CONTAINING, A

NARRATIVE

OF THE

DISCOVERY of the Medicinal Qualities of this Spring, Experiments on the Water, Observations on the Experiments, the Vertues of the Water interspers'd with various Cases, the Manner of Drinking it; and lastly, several remarkable Cures.

Aquæ lene Caput Sacræ

Avertit morbos metuenda pericula pellit.

HoR.

The Second Chitian with Abbitions.

LONDON:

Printed for W. MEADOWS at the Angel in Cornbill, MDCCXL. (Price Six Pence.)

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TO

Sir Hans Sloane, Bart.

Medicus Regius,

President of the ROYAL SOCIETY, &c.

SIR,

THE first Pamphlet I wrote on this Mineral Water I took the Liberty of Dedicating to You, who have so eminently distinguish'd Yourself in the Science of Natural Philosophy; requesting at the same Time Your Protection to what I should publish in a future Treatise.

I Now have the Satisfaction, SIR, of acquainting you, that I have seen the Facts heretofore afferted confirmed by repeated A 2 Expe-

DEDICATION.

Experience, which I hope will be an interducement for You to grant this my Second Performance a favourable Reception, and to give the Water such Sanction as is most for the Benefit of Mankind.

PREFAC

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Your most bumble, and

most obedient Servant,

Broad-street, legunos niego social boellotte
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Water fu**d**h **H**ocker

PREFACE.

THE Tilbury Mineral Water, which on account of the Nature of its Ingredients had the Epithet of Alterative given it, having performed many considerable Cures, I wrote some time since a Pamphlet to acquaint the Publick with its Vertues, and the Quality and Quantity of its Contents.

Since that Time the Demand for it has been very considerable all over this Kingdom, so that it has been even sent for to Tunbridge, Bath and Bristol; and also great Quantities have been exported to Holland, France, Spain, Portugal, East and West Indies, and other Parts; it having been found useful for many Complaints, and as true a Specifick for Diarrhæa's, and all kind of Fluxes, as the Bark is for intermittent Fevers.

And as my first Treatise bas been out of Print a good while, to comply with the repeated Applications that have been made to me for another Edition, I here publish the Second, upon the Plan of the First, with several new Experiments, Additions and Amendments, concerning the Vertues of the Water and the Method of using it; as also an Account of divers Cures performed since the Publication of the first Pamphlet.

The analytical Inquiry which I have made concerning the Water, I flatter my self, is done with that

such Exactness and Care, that the Experiments will answer in every particular, if they are try'd again: And the Inferences drawn from them to demonstrate the Quantity and Quality of the Ingredients, I hope, will be found consonant with Reason, and appear satisfactory as far as the Nature of the Thing will admit of.

The Reader may also be assured, that the Cases mentioned in this Treatise are related faithfully, most of them baving bappened under my Inspe-Etion: and that I have not added any thing of my own, to inhance the Merit of the Water, which will be confirm'd by Experience whenever it is used

in parallel Circumstances.

I have left out here some Passages of speculative Literature, and only aim'd at an bonest and plain Narration of Matter of Fast, being perswaded that Truth makes the best, the perhaps not the most elegant, Appearance, when least adorned by Art.

he Publicit of the Vertnes and Manner of Matt ally one particular Water, I figil has enten into raice Examination of this Marter, but e we fuel general Account of the aborefuld three Sortons Wheral Springs only, as man be fufficient to them

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Tilbury Water.

are commonly ranged under three Claffes; the Sulphureous, the Chalybeate, and the Purgative; which may be diffinguish'd again different ways, according to the various combinations of their Ingredients. But as the chief Design of this Treatise is to inform the Publick of the Vertues and Manner of Using only one particular Water, I shall not enter into a nice Examination of this Matter, but give such a general Account of the aforesaid three Sorts of Mineral Springs only, as may be sufficient to shew the singular Nature of the Tilbury Water.

The Sulphureous, which are commonly hot Springs, contain according to the Opinion of most Naturalists, a Solution of the Pyrites, which is composed of sulphureous, chalybeat, and stony Particles. The latter make up the chief part of the Ingredients, as may easily be proved by evaporating some of the Water to a dryness, and examining the residue thereof; and which is plainly seen at Bath, where at the clearing of the Spring-Head in the King's Bath, which is cover-

ed by an inverted Cistern, to prevent the Spring being choak'd up, are found abundance of Walnut and small Nut-shells, probably convey'd thither by the subterraneous Ducts of the Spring, covered with a Crust of a pale ash colour stony Substance. The sulphureous and chalybeat Ingredients bear but a very small Proportion to the other, as you may read at large in Guidot's

Treatise on the Bath Waters.

In the Chalybeat or Steel Waters, we discover ferruginous Particles combined with a neutral Salt, composed of Nitre, and a small proportion of common Salt. However sometimes the common Salt predominates, and it must not be denied but that also vitriolick and alumnious Salts are fometimes mixt with these: From which mixture of the Salts and the Iron in various Proportions, arises that considerable difference we find between the Spa, the Pyrmont, the Tunbridge, the Islington, the Hampstead, and other Chalybeat Springs, which yet all belong to the same Tribe. The Scarborough Water is also of this Order, but differs in this from the beforementioned, that it contains with the ferruginous Particles, fuch a Quantity of Salts as to render it purgative.

The third Sort are the purging Waters, of which some are sound in almost every County in England. Several Authors have improperly call'd them Aquæ Alumniosæ, Alum Waters, because, the chief of their Contents are common Salt and Nitre, tho' it must not be deny'd that vitriolick and aluminous Salts may sometimes be mixt with them: The Epsom, Dulwich, A-ston, Northall, and many other samous Medici-

nal Waters are of this Kind.

There are also Waters which may be properly call'd Aluminous or Vitriolick, from the Predominancy of their Ingredients, but as they are but little made use of in the medicinal Way, they hardly deserve any particular Notice.

The Tilbury Water contains a considerable Quantity of a fine Bole Armoniae like Earth, and a Salt, which according to the ingenious Mr. White, late Chymist at Apothecary's Hall, comes nearest of any thing to a Salt, he formerly got from distill'd Crabs-Claws and Oyster-Shells, both noted alcaline Bodies. And for this reason it is not to be number'd among the foregoing Classes, but is a Water as singular in its Composition, as it is peculiar in Vertue. The Experiments made upon it will set this matter in a clear Light: But before I proceed to them, I beg leave to give the Reader a short Account of the Well, and of the gradual Discovery of the salutary Effects of the Water.

The Spring from whence the Tilbury Water comes, is fituated near a Farm-House at West Tilbury in Essex, on the Top of a Hill, which is elevated about One Hundred Feet above the Marshy Grounds, and is two Miles distance from the River of Thames. Mr. Kellaway, deceas'd, the Proprietor of that Estate, sunk the Well in the Year 1724, for the Use of the Farm, but it was not known for any Medicinal Vertue till three Years after. Mr. Kellaway being then at his Farm, much troubled with the Gout and a violent Cold, ordered some of the Water to be boiled to drink with Wine, and perceiving it look'd white, and that it became clear again upon mixing some White-Wine with it,

he apprehended it was not wholsome to drink. However the Family telling him, that they had constantly made use of it on all Occasions without any hurt, and that it always boil'd white, he drank of it during the time he then stay'd there, and found himself chearful, and much relieved of his Gout and Cold. As he was a great Lover of Milk, he commonly eat some when he was at his Farm, tho' it seldom sailed of giving him some loose Stools: But one Morning after he had taken a Glass of the Water, he took some Milk, and sound it did not purge him as usual, which Experiment he made many times after with the like Success.

No farther Notice was taken of the Well, till in the Year 1731, Mr. Kellaway about that time labouring under a Looseness for about fifteen or sixteen Days, which had reduc'd him to a very low State, and being oblig'd to go down to Tilbury, to look after his Farm, he drank some of the Water with Wine at Night; the Morning sollowing he perceiv'd that his Looseness was gone, and his Appetite pretty well restor'd, which for many Days before had

intirely failed him.

This sudden Amendment made so strong an Impression upon his Mind, that he ordered the Person who look'd after his Farm, if he found any of the Servants, Day-Labourers or others, afflicted with a Looseness, to recommend to them the Drinking of that Water; which being done accordingly, they found that it generally answer'd the Expectation of those who made use of it.

After this another Experiment was accidentally hit upon, confirming the Water's Efficacy in curing Diarrhæa's, which put this Matter beyond all Doubt, as it came from the Brute Creation, who have not Craft enough to impose on our Senses by diffembling. The Case was thus:

Mr. Kellaway bred a great Number of Calves at his Farm, to stop the Looseness which they are subject to, and often proves mortal, the Keepers usually made them drink a Decoction of Oak-bark and Water: But as they knew that the Water had cured Loosenesses, they gave it to the Calves, and found that it made them well; and observed farther, that not near so many of them dy'd whilst they drunk that Water, as when the Oak-bark-drink had been

given them.

A Cure which was about that time performed upon a Neighbour's Child about Five Years Old, who had been, as I was inform'd, near three Years afflicted with an Ague, a swell'd Belly and a Looseness, added considerably to establish the Reputation of the Well. The Boy having a constant Thirst upon him, took accidentally to drink of this Water, finding it perhaps more palatable than any other thereabouts; and by degrees he lost his Ague and Looseness, and partly his big-belly, and continu'd hail and strong after. Mr. Kellaway alfo observ'd, that his Asthma was reliev'd so far, that the last two Winters (before he died) he was not obliged to lie out of Town, as he had been for five Winters before, on account of his difficulty of breathing in -London, which he attributed to the constant drinking of the Water.

Thus the Tilbury Water made its Way by flow and obscure Steps, for want of proper assistance to usher it methodically into the World.

B 2

For as Mr. Kellaway was not conversant in analysing Mineral Waters, and forming a proper Judgment from thence of their Vertues himself, or had not the Opportunity of making Experiments upon Sick Persons, he apply'd to some of the Faculty; but being coldly told, that there were more Mineral Waters already in Use than are necessary, he declined making any farther Attempts that Way, his Business ingaging his Attention to other Affairs, and contented himself with distributing the Water gratis among his Acquaintance in Town, as also to the People at and about Tilbury, who began to drink it for various Complaints.

In the Year 1736 the Water began to be talk'd of pretty much, on account of its extraordinary Vertues, which induced me to make some Inquiry about it: And after Mr. Kellaway had given me the foregoing Historical Account, and Mr. Deputy P- having affured me that his Spouse had been cured by it of an obstinate Diarrhæa, after all the Advice she had taken had provid ineffectual, and that some of his Acquaintance had also experienc'd the same good Effect, I undertook to examine the Water by various Experiments. Mr. White, before mentioned, at the Request of some Gentlemen of the Royal Society, did the fame, and upon comparing Notes, we agreed in the following Particulars, viz.

EXPERIMENTS on the TILBURY WATER.

Experiment I. Saldi Harbert

The Tour Contract GOV TABLE

The Tilbury Water is heavier than the Thames or common Spring Water.

It lathers very indifferently when unboiled, much better when boil'd; better than Spring Water, vet not so well as River Water.

Too Water dock a **ill**ings well-falls and

When boil'd it turns milky; a fourth Part of Mountain Wine fines it immediately; a very small Proportion of Vinegar does the same ; also Juice of Lemons, and other Acids, sooner, according to their Strength.

de in . VI a drinelly a true was Oil of Tartar per deliquium pour'd into the Water when boil'd, makes a white precipitate; a little Oil of Vitriol, Spirit of Salt, or any ftrong Acid, makes it clear again as the Water was before. Salt of Wormwood does the fame.

recovered in the Wildrent was two Patts Spirit of Sal Armoniac, of Harts-Horn, of Sal Volatile Oleofum, pour'd into the Water when cold, give a white precipitate; the before-mentioned Acids make them all clear again.

A Take Sult, before but of Wared hot I cons centre

The Water, when cold, turns Syrup of Violets green in about a Quarter of an Hour; when warm'd, in a less time; when boil'd and hot, in about one Minute,

prival Nation 8 11 Vol Sale. Als Entire

The Water being boil'd, and put into a Glass, there will subside to the bottom, in a Night's time, a whitish Substance of a Saline Tatte, which turns Syrup of Violets green as foon as the boil'd Water.

VIII.

The Water being boil'd with an equal Quantity of Milk, doth not curdle.

IX.

The Water does not tinge with Galls any more than common Water.

EXPERIMENTS on the SALT.

Two Pounds of Tilbury Water being put into a Retort, and distill'd to a driness, there was left behind firty Grains of Substance, of the Colour of Jesuits Bark, of a pungent Taste ! After the Water was half distill'd, it appear'd in the Retort as if some Drops of Oil were floating on the Surface. swine (31) He among for the ber

What was left in the Retort was two Parts Salt, the third an infipid Earth the Colour of yellow Ocre , the Salt much paler than before it was leparated a tour standing and monthed as to be

tionalons of Sublightes, Historicky, however the are trough the Talours. Water turns the milk

The Salt being put on a red-hor Iron, caus'd a very fmall hilling; what was left on the Iron was of an Ash-colour, tasting as hot and fiery as Salt of Tartar, or fix'd Nitre and all low

havingfort gives an aggount of in the Preface to Hittory of Plants, Mr. xiii.

Spirit of Vitriol, Spirit of Salt, Aqua Fortis, diffill'd Vinegar and other Acids, pour'd on the Salta cause an Ebullition bottog 2 1 Vanto the forther an termented firongly and turne.

Vuolozaper O quoti de

Oil of Tartar per deliquium, and other Alkalis being put to the Salt, cause no Ebullition.

VI.

The Salt turns Syrup of Violets green prefently.

VII.

The Salt put to Sal Armoniack, finely powder'd, opens the Body of it in a small Degree, so as to discern it has a little volatile Smell.

VIII.

A strong Solution of the Salt in Spring-Water, immediately precipitates Sacharum Saturni of a pale yellowish Colour.

IX.

Neither the Salt, nor the Water, precipitate a Solution of Sublimate.

Whilst I was about this Second Edition, I made the following Observations for the better Discovery of the Nature of the Ingredients of this Water, viz. To the IXth and last Experiment on the Salt I add Experiment X. That it is true, neither the Water nor Salt precipitate a Solution of Sublimate presently; however the residue from the Tilbury Water turns the milk-white Solution of Sublimate into a muddy pale yellow, which by degrees subsides and leaves the liquor clear, and a white precipitate at bottom, almost like the Solution of Lime-water which Tournesort gives an account of in the Presace to his History of Plants, p. m. xiii.

Exper. XI. (which shou'd have been added to Exper. IV.) I poured Spirit of Nitre upon some of the Residue, it sermented strongly and turned to a deep Orange colour.

Exper. XII. To a Solution of Silver in Spirit of Nitre I put some Tilbury Water boil'd, which turn'd it of a Colour as white as Milk, and presently white curdy flakes subsided — into some of that Solution I poured common Spring-water, it turn'd white, but not of so strong a milky Colour as the other, and remain'd without any subsidence a considerable while.

et about 3js. of Spir. Nitr. then lower'd it with about 3js. of common Water, and put to it about two grains of the Residue which sermented, and changed the Solution from a yellowish cast into a milk white Colour, and curdled in five Minutes time, and by degrees subsided and left the Liquor clear like Water, with a white precipitate at bottom.

Exper. XIV. I took Spirit of Nitre and lower'd it with common Water, till scarce any acidity was perceivable; then I put in some of the Residue, and it instantly fermented. I but in some Chalk, it fermented also, but very slowly, not so quick and brisk as the Residue. - Then I lower'd the Liquor again, till Chalk did not ferment visibly any more, but the Residue did -Afterwards I put in some common Salt, it did not ferment, and then forme Nitre which also did not ferment - then I mixt Chalk and common Salt, which fermented violently, but did not bubble up and spread like the Residue. And laftly I try'd a mixture of Chalk, Sale, and Nitre, equal Parts, which made an appearance just like the Relidue.

Exper. XV. I made a strong infusion of Galls till

till it came of a brownish yellow Colour, then put in some of the Residue, upon which the Infusion became of a pale yellow, and dropt a white Sediment in about a quarter of an hour.

Exper. XVI. I dissolved some Roman Vitriol in common Water, then put in some of the Residue, the Solution did not grow muddy, as Salt of Wormwood made it, but became of a paler blue, and gradually dropt a whitish Sediment.

Exper. XVII. I took some of the Spirit of Nitre lower'd to a very small degree of Acidity, and touch'd coarse hlue Paper with it, which immediately turn'd of a brick red Colour, and afterwards grew yellow. This Paper I wetted with some of the Residue and Tilbury Water, but it underwent hardly any Change, except that it look'd of a little darker blue. I afterwards tried a Solution of common Salt, then a Solution of Nitre, and lastly a Solution of Salt and Nitre, but there was no visible difference; if any thing, the Tilbury Water and Residue made the Colour a little darker.

Exper. XVIII, to Exper. VI. I subjoin, for thebetter Discovery of the Nature of the Salt, that
I mint powder of Nitre and warm Water with
Syrup of Violets, which remain'd of a blue Colour. — I made some Nitre almost red hot and
try'd again, but no alteration ensu'd. — Then
I try'd common Salt, which produc'd a purplish
Colour, and faint appearance of green — and
being made very hot, it made a very good green,
tho' not softrong nor so soon as the following, viz.
I took common Salt and Nitre, heated almost
to Calcination, they turn'd the Syrup presently

into a fine green, almost like the Residue of Tilbury Water: Before they were thus heated it was some time before the Syrup of Violets turned a little greenish only.

Exper XIX. I took some of the Salt and dissolved it in Water, then put a drop on a Glass and evaporated the humidity from it, and thro' the Microscope there appeared irregular cubical Figures, intermixt with prismatical but not quite spear-like Bodies.

Exper. XX. I put some of the Residue in Infusion with Spirits of Wine; which turn dalittle towards a Straw Colour.

ments to be equally Efficacions and of the lame

Exper. XXI. I had two Bottles of Tibury Water given me, which a Person who had taken a Parcel of them to East India, had brought back again. The Water was very clear, and rather had loft a little of its natural Strawish-colour'd hue; the Taste feeth'd to be asulual, and it boiled white, and fined down with white Wine and Acids like that taken fresh from the Spring. One of the Bottles I had evaporatedy and from thirty Ounces of Water I got twelve grains of Residue, answerable in Colour, Taste, and in all Experiments to that separated from some of the new-drawn Water This Proportion of the Residue falls far short of what is mentioned in Exper. I. on the Salt, and must be accounted for thus; That there was not quite for much Water; That some of the Residue in that long Voyage might sublide to the Bottom whiche Bottler and that perhaps that Waterowas pump of this werisea. form ordafter other Well hadribeen weny samuch work'd; in both which Cafes the Spring is not so is, prom ftrong, ftrong, and for which freason Caregisataken to Bottle the Water in dry Weather, and not to exhaust the Well too much at one time.

evaporated, which contain'd more than a Quart, and had no more than ten grains of a gritty Substance, the Colour of Portland Stone, tasting like Sea-Salt, nothing dike the Pungency of that from Tilbury Water, which affects the Tongue much like a fix'd Alkali, but is something cooler, and has not so much of the Empyreuma: So that the Tilbury Water is much stronger, and must be more powerful than the Bristal Water, in all Cases where that is prescribed, supposing the Ingredients to be equally Efficacious and of the same Nature, which cannot well be allow'd.

de Experio XXIII. I calcin'd some of the Residue, and having powder'd it very fine, I mov'd a Load stone close over it various Ways, but sound no stirring at all among the Powder, or that any thing wou'd stick to it, tho' I touch'd the Powder with the Load stone; by which it is plain, that no ferruginous Particles are discoverable in the Water.

of Refidue, answerable in Colour, Talle, and we retail and policy of the Water of the Wilk and it rifes very high in great Bubbles, like Milk and Refidue falls far fhort of what is biginary

Exper. I. on the Salt, and must be accounted for the sturms and must be accounted for the students and an accounted for the students and accounted for the students and

I hat some of the Residue in that long Voyage and The following Objervations; in order to form a probable Conjecture concerning the Nature of the Ingredients of the Water, and

2 1st, From

it is heavier than common Water, which ought not to be an Objection against the Use of it, since the Ponderostty proceeds from the great Quantity of the Medicinal Ingredients, Wide Exper. on the Salt, I. and H. which doubtless are rendered very active by that great proportion of Air, which appears to be in the Water from Exper. XXIV and the presence of which should naturally argue that the Water of itself is of a very light Nature. Here I cannot omit mentioning, that last Summer I got from a full Quart of Water 63 grains of Residue, of the same Taste and Vertue with that in Exper. I and II on the Salt, the Colour not quite so dark as that mentioned there,

riangular equilateral Baffs, and t 2 dly, That the Residue got by Evaporating some of the Water, is of an Alkaline Nature, appears plain from Exper. VI. on the Water, and the same on the Salt, for Acids turn the blue Colour of Syrup of Violets into red; as likewise from Exper. VIII. on the Water; whereas Milk would curdle when boil'd with it, if the Salt were of the acid Kind, confidering the great Proportion there is of it in the Water. And from Experiment X we learn, that neither Vittiols nor Steel, nor Alum are in the Water fo as to be difcernible, otherwise it would tinge an Infusion of Galls of a purplish or blackish Coloud. All the other Experiments from No X. to XIX, inclusive, confirm that the Water contains nothing of an racid Nature. But to discover the particular Kind of this Salty let us take a separate View of some of thein, which if it does not absolutely determine the Judgment, concerning the the Nature of the Sale, there being hardly any in Nuoure to be found without mixture, it will at loaft and ble us thigive a guels a guess at it with an Appearance of Probability. Water was a wind the Use of it

In Expers XIV we find that Nitre and Salr. mixt in equal Proportion, occasioned the fame fort of Fermentation as the Relidue from Tilbury Water. And in Exper. XVIII: you fee that Nitre and common Salty mix'd and heated, tinged Syrup of Violets of a green Colour like the Refidue. To corroborate these Phenomena also see Expension XIX where this Salt appear'd like a mixture of cirbical and prismatical, but not quite spearlike Particles For Sea, or muriatic or common Salt is, by the Naturalists, faid to be of a cubical Eigure, and Nitre prismatical, with a triangular equilateral Basis; and these two Salts intimately united, we may imagine to produce an Appearance under the Microscope much like unto the Salt of this Water.

for Acids curn the blue!

From these Observations, the nearest Conjechife we can make, I think is, that the Ingredients of the Water are a fine Bole-like Earth, accompanyid by a neutral Salt, composid of Nitre and common Salt, imitating a fixt alkaline Salt, as much as a natural Salt, not being a Creature of the Fire, can well do. To this we may add, that there is also a little fulphureous Matter mixt with/it, because when the Water was half distilled away, it appear'd in the Retort as if some Drops of oil were floating on the Surface, Wide Enper! I on the Salt: And that the Residue tinged Spirit of Wine wlittle Exper. XX. feems to confirm the filme Conjectures and likewife Expero XIXIV, telling us of the Bubbles rifing very high, dray to intimate, as if fome uncluous or fulphuneous Matter there were, which occasion'd

the cohelien of the Particles of the Water so as not to let the Air inclosed chape without some difficulty; and question, if the deep yellow Colour Exper. XI did not proceed from a sulphureous Substance?

Thus have I briefly taken a View of fuch Experiments as I thought most proper to demonstrate the Nature of the Ingredients of this Water; the others, which seem not so clearly conclusive, may serve to illustrate and corroborate some Points, therefore I added them here, and lest them to the Speculation of the Reader veiler and

la, and Complaints from the Gout, as well The Water is as clear as any Spring Water, but not altogether fo white, it having aslittle Cast upon the Straw-colour; it has a pleasant Tafte, and affects the Tongue with a Kind of Fulness, not unlike as it a small quantity of Milk was mixt with Water; and none but a very nice Palate can discover any faline Taste in it. The Mineral Particles are fo well mist and united with it, that no Sediment is to be perceived at the Bottom of the Bottles, after feveral Months keeping; and Mr. Kellaway had some by him in a Cask 14 or 15 Months, at the End of which time it was found perfectly fine, boil'd whire, &c. and feem'd as efficacious as when first pump'd from the Spring but it tafted a little of the Cask, and looked of a deeper Colour, owing in all probability to a Tincture it had received from the Wood; for which reason it ought to be kept in Bottles only of you would preserve it in its original Purity. For the Encouragement of Sca-fating Perfons I will add? tho it has been intimated already in the Experiments, that some of it has been been carry'd to the East and West Indies, and back again, and kept fine the whole Voyage.

worldy good off it in the deep the world world world be dead to the world world be dead to the world be dea

oungrad Whusian To edit occasional indiance?

As to the Vertues of the Water, it has been found to core, like a Specifick, the Diarrhea, Dysentery, the bleeding of the Piles, and immoderate Fluxes of the Menses, and is of great service in the Fluor Albus and Seminal Weaknesses, trom Excels of Venery, after the Cure of Gonorchea's, or from other Causes. It likewise relieves the Gravel, and Stone, the Asthma, and Complaints from the Gout, as well as Disorders of the Bowels and Scorbutick Ailments.

These several Diseases proceeding from differenti Canfes, with may perhaps feem to fome contradictory, that one and the fame Remedy hould be good for them all, therefore I will endeavour to folve this Difficulty by expatiating a little apon the Manner in which this Water operates upon the Human Body . It acts both as a Restringent and a Deobstruent Many may think this a Contradiction in Terms however that both these Vertues may be univ ted in the fame Remedy, we fee by the Example of Steel, which every one who has any Skill in Phylicky knows to act in this double Capacityo Ehe Earthy Particles in the Water fornishon Relbringent, and the Saline a Deobstrat end Faculty. If the Diarrhaa or Loofeness proceeds front ai vicious Ferment in the Stomachy or Actimony wellicating the menibranous Coat of the Bowels? John Wager udilutes and walkes thembeamaign anobothed alkaline Substance limit corrects chemol And if from a Relaxation, the Bolebeen

Bole-like Particles gently restringe and restore the Fibres to their natural Tone again: Or if both Causes concur in forming the Distemper. the Water answers them at the same time, and by abforbing and sheathing the Acrimony of the Blood, it prevents the intestinal Glands from distilling any more of that pungent Liquid, which, by irritating the Fibres of the Bowels. occasioned those frequent Motions for going to Stool: As a Diuretick also it carries off the Sharpnels of the Blood, and the urinary Passages being powerfully opened, the other Evacuation cannot be supply'd so plentifully as before, and thus the Diforder is cured radically. The Water performs this in so excellent a Degree, that two or three Bottles, properly taken, have cured obstinate Loosenesses: And tho' I have prescribed it to many Persons in this Case, I have not found it to fail, when given in due Form and with the necessary Precautions, upon which the Success even of the most sovereign Remedy chiefly depends. Thus likewife the Bark in the Hands of one may miss curing an intermittent Fever, till another comes, who by directing it according to Art, or joining fome other affiftant Remedy with it, succeeds in his Endeavours. I must own I have heard some complain that the Water did not answer their Expectation, but then it was for want of taking it in a proper Manner or Quantity; or that they had not obferved the Regimen which ought to be follow'd during the Drinking of it. 28 xil line ... 1940.

The Water has at present so great a Reputation for curing Diarrhea's among the Publick, that it would be look'd upon in me impertinent to swell this Treatise with Cures of that Kind; therefore I will desire those that have any Doubt that way, to perufe John Best's Case at the End of the Pamphlet, who is yet living, to testify the Truth thereof; and Case VIII. Mr. Meadows, the Publisher hereof, will inform you of an Acquaintance of his, belonging to the Custombouse, who by a Looseness was quite emaciated and brought to Death's Door, notwithstanding he had follow'd the Advice of feveral Physicians a long while, without Effect, and was at last, to a Surprise, cur'd by drinking this Water; and several other Cases of this Nature. Or if any will apply to me, I will give them farther Satisfaction; but the shortest Way is to make a Tryal vourselves, which will soon convince you of the Veracity hereof. You need not apprehend any ill Effects from it, for I have ordered it to Perfons of all Ages, even to very young Children, when troubled with what they call Watery, or more properly bilious griping Stools; to Women in Childbed, in intermittent, nervous, hectick, and inflammatory Fevers, the Confumption and the Small Pox upon feveral Occasions, with good Success, in many of which Cases reftringent Medicines or Stypticks, which commonly increase the preternatural Heat of the Body, might have prov'd detrimental; which Circumstance gives to this Water a very great Preheminence above other Restringents.

It cores the Dysentery or Bloody-flux, by corfecting the Acrimony vellicating and corroding the Bowels, and by gently restringing the Orifices of the relaxed or corroded small Blood-vessels in them; and thus it proves an efficacious Medicine in any other Flux of Blood. However, the Fair Sex need not be afraid of its restringency, which in the Healthy only proves a Strengthning Quality, for some to my Knowledge have drank it for a long time without any Default at

all

all in the Catamenia. At the End of the Pamiphlet, the Reader may see two remarakable Cures of this Kind, Case III. of Joseph Burrel, and Case VI. of William Williams, also Case VII. to

which for brevity's fake I refer you.

Several Ladies have taken it for immoderate Fluxes of the Menses, of the Lochia, and when in danger of Miscarrying; the Reader will easily excuse my being not more particular in these Cafes, or mentioning of Names. I had a Patient about a Year ago, a young Man who was fo fubject to an Hæmorrhagie from the Nose, that every little Exercise or Heat, brought it on, and as foon as he was grown warm in Bed his Nose fell a bleeding, by which he was grown very pale, feeble, and languid, and emaciated to a great Degree. He had taken Medicines by the Advice of an Apothecary for a confiderable time, but cou'd not get well; I ordered him a Decoction of the Bark with some of the Elix. Vitriol. Myns. in it, of which however he had taken already before, and to drink Tilbury Water for his constant Drink, which foon made a perfect Cure, and he has continued well ever fince. An other young Man who, for Scorbutick Breakings-out in his Face, had taken Mr. W---'s Pill, which vomited and purged him most violently, and after which he brought up every Morning, and often at other times, two or three Spoonfuls, fometimes more, of florid Blood, with coughing and straining. He had taken several Medicines from an Apothecary, but without effect : He was shortbreath'd, emaciated, and had a Hectic Pulle. However, by way of Revulfion, I ordered him to lofe five or fix Ounces of Blood from his Arm, and prescribed him an Electuary with fome of the Cortex in it, and to drink a draught of Tilbury Water after it with some of the Elixir. Vitriol.

Vitriol. also pectoral Medicines, and to take Tilbury Water for his common Drink. In a few Days the spitting of Blood went off, and he seemingly mended a-pace; however, some time after he got Cold, and relapsed into his former Disorder, and growing so weak as not to be able to attend his Business, I order'd him to go into the Country, to ride on Horse-back, and to sollow the Course I formerly had prescribed for him. But he soon after that died; whether he had strictly observed my Method or no I cannot say.

From the Nature of the Water it may be eastly infer'd, That it must be good for the fluor albus. However, as this is a Diftemper feated out of the Reach of most Medicines, the Water, unless it is properly taken, will do no great Service. The Indications here are to free the uterine Glands of their pituitous Infractions, and then to strengthen their Tone. The first is done by evacuating Medicines, which being duly premised, the Water may then be apply'd, with fome other aftringent Medicines, as Steel, the Cortex, &c. and thus has this very obstinate Distemper been conquer'd in a short time. Many have also been cured of Gleets; from Excess of Venery, frequent or ill-cur'd Gonorrhoeas, or other Causes, by the aforesaid Method; But purging Medicines ought to be used here with Caution, for fear of increasing the Relaxation of the Parts,

The Water is also good for the Gravel, as may be seen from Case II. of Mr. Krull. I have known several who have been greatly relieved by it in gravelly Complaints, which, as they were not very bad, I scarcely think those Cases worth inserting here. However I heard of one who was much in Mr. Krull's Circumstances, but as the Gentleman is out of Town at some distance, I could not well get a satisfactory Account of his Complaint.

In the Asthma, Rheumatism, and Gout itself. it has been of Service, as may be instanced from Mr. K-'s Example, who, whilft he drank it constantly, was not troubled with those Disorders as he had been formerly. He farther observed this additional Benefit, that his Legs, which were apt to swell and pit, were not then subject to that Inconvenience; and that his Feet, which used to be cold and feemingly numb'd, had a gentle and natural Warmth in them, like that of a young Man. I have fince advised Persons subject to the Gout and Rheumatism, to drink it with good Success, and particularly one Gentleman, who was frequently troubled with it, his Feet remaining very tender afterwards, by drinking of this Water some time, and using Stomatick and Evacuating Medicines between whiles, he was pretty easy in his Feet, cou'd walk better than before, and had no Fit to be laid up for almost two Years.

That the Water is a good Remedy for the bleeding Piles appears very plain from Case I. and V. however some have been discouraged from drinking it, imagining, that if this Evacuation is stopt, the Humours may lodge elfe-where, and perhaps be deposited upon a nobler Part. Although I have not found this to happen, because the Water cools the Blood, and as an Anti-scorbutick, absorbs the acrimonious Particles, which occasion this Evacuation, and thus removes the Diftemper by striking at the Cause; yet in Case of Doubt, a Physician is to be consulted, who may prescribe proper Medicines to evacuate the peccant Matter; and thus the Water may be used with all the Safety imaginable. I shall only mention, by way of Direction, two Cafes, the one was the bleeding Piles, the other swell'd without any Effusion of Blood. The first an elderly Gentleman, who was accustomed to drink his Bottle

Bottle freely, the other had employ'd his Conflitution very liberally among the Fair Sex, both of a bilious Constitution; who having drank the Water, and finding, that by indurating the Feces it put them to great Pain, I order'd them a lenitive Medicine, of which they took every Night going to Rest; and then the Water had the desir'd Effect.

Many have also drank the Water for Pains in the Stomach and Bowels, and found that it strengthens the Viscera, and helps the Digestion, expels Wind, and corrects the Sowerness in the Stomach, and carries off the Crudities in the Bowels; and thus it is of Service in most Chalical Disorders of the first Passages. I advised an elderly Gentleman to take it, who having been a lover of Punch in his younger days, complained of a continual Acidity in his Stomach, and Indigestion, for which he had taken all kinds of Medicines and Waters; he found fo great a Benefit from it immediately, that he imagined he shou'd get a perfect Cure, and thinking it more efficacious at the Spring-Head, went to Tilbury and drank it there for about three Weeks, and return'd to Town quite easy. However, some time after he relapsed; he drank it again, and was made pretty easy by it, but fince that he is gone out of England. Others whose Complaints were not of so long standing, I have known perfectly cured by it, calling in fometimes to Affistance stomatic, carminative, or evacuating Medicines, as Occasion required.

In various forts of fcorbutic Diforders it has been used with good Success, and some have been cured by it of a Redness and Pimples in the Face, which they had been troubled with for many Years. Of these Mr. K— himself was an Instance, and some Ladies of his acquain-

Gentleman. However I must observe, that in fome hot Constitutions it is not so proper, or if such shou'd take it, they ought to use cooling

evacuating Medicines at the same time.

I order'd it one time in a Diabetes, to a Gentlewoman, who found some Relief at first: But the Case was too far gone, for she soon after died of a total Relaxation and Mortification. A Gentleman who had been troubled some time with this Distemper, applying to me, I found some Reasons to prescribe him a different Regimen of life. and to drink this Water; which he follow'd and foon was made well. I understand that a Gentlewoman in the Country has drank the Water for a Diabetes, and has receiv'd great Benefit from it, without taking any Advice at all, only from this Way of Reasoning, That if this Water contains the same Sort of Ingredients as the Bristol Water, and even in a much greater quantity, it must be good for a Diabetes, which the Bristol Water is said to be a specifick Remedy for. However, Time and farther Experience, will shew us whether this way of Reasoning is conclusive or not.

In hypochondriac and hysteric Disorders, I cannot say I have made sufficient Trial of it, to know the Extent of its Vertue, because People under those Circumstances are loth to trust to such simple Remedies. But I have observed, that some who were subject to lowness of Spirits, whilst they where drinking it for other Complaints, sound themselves brisk and lively, and all that time knew nothing of their habitual Ailment. I attended about two Years ago a Gentleman of an hypochondriacal Disposition, ill of a nervous Fever, which being brought to a Remission, he had the Bark given him, upon which

the Violence of the Fever abated; but a feverish Heat still lurk'd about him, his Pulse low, but quick, and he gain'd no Strength, tho' he eat tolerably well. As he was forbid Malt Liquor, which commonly disagreed with him, I advis'd him to drink Tilbury Water for his common drink, either with a little Wine or without, upon which he foon recover'd. Another of the fame Complexion, complained of a Fever, as he call'd it, upon his Spirits, with a loss of Appetite, which he had labour'd undermany Months. fo that from a lufty Man, he was grown lean and emaciated, and sweated profusely in Bed, and upon the least Motion, which render'd him quite spiritless and languid. He had taken Advice at Bath, the place of his Abode, drank those Waters, after that the Bristol Water, then was sent to Tunbridge, all without Success: And having read my first Pamphlet, he ask'd me if the Tilbury Water cou'd be prejudicial to him? I reply'd, I fancy'd it would do him no harm, and perhaps might be of some advantage; then order'd him a Bitter to take with the Water, of which I prescribed him to drink a certain quantity a day, by which means he mended foon, and returned to Bath highly fatisfy'd; from which place he has fent for several parcels of Water since.

The Manner of using the TILBURY WATER:

Come we next to consider how the Water operates, and the manner of drinking it. Most commonly it passes off by Urine or Perspiration; sometimes it purges at first drinking, when it meets with Crudities in the first Passages, for which Reason it is adviseable to premise some general Evacuations before you begin a Course of the Water. A Dose of purging Physick is also often necessary during the drinking and after,

to evacuate such Crudities as have been attenuated and loosened, which may be the Case when it is taken for scorbutick or other Disorders proceeding from a viscidity of the Juices and Obstructions.

It commonly fits very eafy upon the Stomach, and gently warms it; it strengthens the Appetite and promotes Digestion, and renders the Person brisk and full of Vigour. It warms the Blood, and in the beginning often occasions a tingling in the Skin; but this goes off when the Cause is removed. And the Loosenesses are cur'd by it, the Stools are seldom so hard, during the drinking, as to be troublesome; if this should happen, a lenitive Medicine will soon ease the Patient.

The quantity to be drank cannot well be determined till the Case, Age, Sex, Habit of Body, and other Circumstances, have been duly consider'd. The Medium is a Quart a Day, for adult persons, viz. half a pint in the Morning, as much at Night going to Bed, and the rest any time of the Day, tho' I have known a Gentleman drink 4 Bottles a Day with Advantage.

No positive Rule can be laid down about the time how long the Water is to be drank; for this depends intirely upon the Nature of the Case. A Recent Looseness is generally cured with a few Bottles, but one of long standing, where the Bowels are in a weak State, and Nature has accustomed herself to this way of Evacuation, the Perspiration which shou'd carry off the greatest part of superfluous Moisture being almost neglected, the Water shou'd be drank a good while, as you may fee from Cafe IV. of John Best. This is likewise the Case in Hæmorrhægies; some have been cur'd of an immoderate Profluvium of the Catamenia by 2 or 3 Bottles only, when others whose Vessels are very much

much relaxed, and the Blood full of scorbutic Salts, may perhaps be oblig'd to drink a great deal of it. In scorbutic Cases, where the whole Mass of Blood is to be altered, the Water must be continued a good while; and in short the time of using it is so long till the intended Cure be obtained, and you will be encouraged to persevere therein, when you find that you are the better for drinking it, and that it agrees with your Constitution, makes you eat, and digest, and sleep well, and diffuses a gentle heat throughout the whole Body, and invigorates all the animal Functions thereof.

Moderate Exercise is very proper during the Course of the Water; and if you find it don't set easy upon the Stomach, or pass off well, you shou'd take a Draught warm in the Moning, before you rise, the horizontal Posture being of great Service to help all kind of Secretions: Stomatic and Diuretic Medicines are very useful in this Case.

In your Diet observe to abstain from Vinegar, Pepper, or Salt, and choose simple Food, whether from the vegetable or animal Kind, and fuch as is easiest for Digestion: Above all I recommend eating of Milk, it agreeing very well with the Water; upon some Occasions I order Milk to be mixt with it. You shou'd drink no Beer, Ale, or Cyder, but Wine and Water. In case of Loosenesses or Fluxes, you may mix the Water with red Wine, otherwise with white Wine, which drinks pleasantest. I have order'd Persons subject to the Asthma, to boil a Spoonful of Hony in a Quart of the Water, and to skim it, which makes a very agreeable and powerful pectoral Drink; the like you may obtain by boiling or infusing some pectoral or emollient Plant in it. In order to add to its Efficacy, I have directed some burnt Hartshorn to be boil'd in it, or Paneda and other Food or Drink prepared with it, for Persons Persons in a Diarrhæa, or Fluxes of Blood. If you make Punch with it, the alkaline Substance in this Water, will in a great measure prevent the Mischiess from the raking acid of the Lemon-Juice, and it drinks extreamly soft and pleasant. But in particular, I wou'd advise such Ladies as are habituated to drinking of Tea, especially in the Asternoon, and who are subject to Disorders at the Stomach, and weak Digestion, to make it with this Water: It draws the Tea exceeding well, makes it drink pleasant and soft, as if Milk were mix'd with it, and corrects its pernicious preying Quality, which destroys abundance of Constitutions.

To conclude, those who are very bad, and expect some extraordinary Benefit from the Water, shou'd take proper Advice, that its Efficacy may not be call'd in question, when you are disappointed, perhaps by reason of not drinking it methodically, or for want of proper auxiliary Medicines. For Persons who go to drink the Bath, Bristol, Tunbridge, &c. Waters consult their Physician, and it cannot be imagin'd, that this shou'd work Miracles unassisted, any more than any other Mineral Springs.

R. Kellaway prevailed upon me to print in the former Edition, the five first Cases, alledging, that Matters of Fact carry more Weight with them, than many Sheets fill'd up with vain speculative Notions. I have been desir'd to insert 'em here again; which to avoid all Suspicion of Fallacy, is done in their natural Dress, as the Patients had drawn them up themselves; and two more Cases are added here, viz. VI. and VII. to consirm the singular Vertue of this Water in the Dysentery or Bloody-Flux.

CASES.

Ī.

"I Seething-Lane, was for many Years subject to the Piles. He had them to a greater degree than ever, the beginning of March last, withal such an Hemorrhagie, that his Life seem'd to be in the utmost Danger; the upper and lower Sheets of his Bed were as dipt in Blood; His Mistress desir'd me to examine him; I advis'd him to drink the Tilbury Alterative Water. Mr. Kellaway was so kind to give him six Bottles; before he had drank all, the Pain from the Piles was mitigated, and the Bleeding entirely ceas'd; and now he is perfectly well. This I do certify to be Truth, this 12th of April, 1736.

" Robert Hume."

II.

"I Joseph Krull, of Wandsworth in the County of Surry, Grain-Dyer, aged about 26 "Years, from nine Years of Age till I drank of the Tilbury Alterative Water have been very se- verely afflicted with the Gravel in my Kidneys, according to the Opinion of several Physicicians and Surgeons, viz.

"I had a continual Pain in my Side and in my Loins; I could not stoop to lift any thing, or ride any Journey, or Walk three or four Miles, but was afflicted with such severe Pains, that all my Friends, as well as myself, expected I should die; the Pains continuing fometimes sive Days together, and nothing that was given me could move or bring away the Gravel.

"I have now drank about twelve Bottles of "Tilbury Alterative Water, which made me E 2 "void

"void large Quantities of red and black Gra"vel, and my Water was as black as Coffee;
"when it was fettled and cold, about one half
"was of a flimy Substance, as thick as Size,
and might be divided with a Knife. I am now
entirely free from my Pains, and can lift
any reasonable Weight, ride a Journey, or
walk without the least Uneasiness, and have no
manner of Obstruction in my Urine. This I
testify to be Truth, and desire it may be made
publick for the general good of Mankind,
this 4th Day of May, 1736.

" Joseph Krull."

III.

T Joseph Burrel, came from Curresau, Jan. 14, 1735, in the West-Indies along with " Capt. Michael Ratesse, belonging to the King "George, with the Bloody-Flux, and could not " get any Remedy that did me any good for it "there; Mr. Williams, an Apothecary, used " all the Means that he could, but did me no " good at all; and likewise Mr. Banes, an Apo-" thecary of the same Place, which was all to no " Purpose; and two Apothecaries in the Island " of Wight, at West Cowes, Mr. Hardy and Mr. " Francis, but did me no good; with that I " was grown such an Object, that every Body " that faw me expected my Death very shortly, " fo that I gave my felf over. But as God and " good Friends would have it, I came into Ef-" Jex to see my Friends, and heard of this Wa-" ter at West-Tilbury-Hall, so that I went there " for to try it; I had the Flux upon me ten "Months, and in three Days after I drank the "Water, the Blood stopt, and gave me abun-" dance of Ease at my Stomach, which I was " continually in pain of, and had no Stomach to " my Victuals; but I return God Thanks for 66 his

"his Mercy and Goodness, I am restor'd to my former Health again, and nothing esse but my usual Diet, in a Fortnight's Time; and likewise the Water brought a great deal of Gravel from my Body, and several small Stones; and I am ready to testify the Truth of this at any Time if requir'd. Witness my Hand,

" Joseph Burrell?

West-Tilbury, at the King's-Head, June 23, 1736.

IV.

" Y John Best, of Crowders-Well-Alley, near Cripplegate, Shoemaker, do certify, That " in the Month of October, 1725, I was taken " ill of a white Flux, the Excrements slimy and " frothy, and often mix'd with Blood; and I " did apply to feveral Physicians and Apotheca-" ries, whose Medicines I took without finding " any Benefit; as likewise a great many other " Medicines given me by my friends; and was in " St. Bartholomew's Hospital seven Weeks, but. " to little or no Purpose, the Flux continuing " without Intermission, with a very great Pain " in my Stomach and Bowels, and eating very " little, but during the whole Time, from Offo-" ber 1725, to April 1736, being ten Years and " a Half, I constantly went to Stool from twenty " to thirty Times in a Night and Day in the "Winter time, and from twelve to eighteen in " the Summer Season; I being reduc'd to a Ske-4 leton, could not expect any Cure or Ease but " by Death.

"A Friend of mine hearing the great Cures that were done by the Tilbury-Water, advertis'd in the Daily Advertiser, did apply in my behalf, and procur'd me some Bottles: I began to drink the same about the 27th of April

April last, being Easter-Week, and continu'd the fame, being one Bottle each Day, 'till the 12th of June, which has perform'd a perfect Cure, and I am now in as perfect Health, as ss ever, without any Pains or Uneafiness; I have s a good Stomach to my Victuals, and recover'd " my Srength, as well as my Flesh, in a won-" derful Manner, I having receiv'd fo great Blefin fing in the Recovery of my Health, do make " this Publication to the World of the Truth . thereof, and am ready to wait on any Person " to testify the same, as I have already on several es Physicians; and several of my Friends have se set their Hands to this, to assure the World sthat what I here declare is real Fact and Truth. " this 29th Day of June, 1736, " John Best." "We the under-written do believe this Cerse tificate to be true. " Thomas Coe, at the Lamb in Blow-Bladder-Street, Shoemaker. " Robert Crew, in Aldersgate-Street, Wireor Drawer. " Robert Wittle, at the Blue-Last in Islington, « Victualler. " John Ellis, in Bartholomew-Close, Shoemaker, " John Osborn, in Growders-Well-Alley, Wire-· se Drawer. " Mark Bailey, in Crowders-Well-Alley, Wire-C Drawer. "George Richardson, in Crowders-Well-Alley, 56 Shoemaker. " I do hereby certify, that I have known the " above-nam'd John Best for about two Years, " most Part of which time in a weak bad State

" of Health; and that I recommended him to " Mr. Kellaway, for a Trial of his Water in the

above Diftemper; and that he appears to me,

at this present, to be in a good State of Health, "having

" having (as I believe) receiv'd a perfect Cure, Witness my Hand this 29th Day of June, " Joseph Beck."

" At the London-Assurance-House in Cornhill."

V

"I Henry Davy, in Finch-Lane, Ware-houses man, had the Piles to a great Extremity the middle of last June, that my Life was in Danger; the upper and lower Sheets of my Bed were as dipt in Blood. I sent to Mr. Kellaway in Broad-Street for six Bottles of the Alterative Tilbury Water; before I had taken all, I sound the Pain of the Piles mitigated, and the Bleeding entirely ceased. I sent for six Bottles more, and continued taking them, and now am in perfect Health. I do testify this to be Truth, this 24th Day of July, 1736.

"Henry Davy."

VI.

William Williams, 40 Years of Age, born " at Thisten in Kent, was taken ill of the Bloody " Flux in Scotland, in December last, I lay ill at " Edinburgh 3 Months, but all the Advice I could " get there did me no good. At Durbam I was " 9 Days so bad that I could not stir; however, " I could have no help there, fo came gradually " into Kent again in March last, where I had all " the Assistance possible, but without any Bene-" fit. I voided clear Blood, and was given over " by all who knew my Case; besides, the Me-"dicines I took, I constantly drank Water, or " Milk and Water, and kept a strict Diet, yet all " was in vain, till I came to drink of Mr. Kella-" way's Water, at Tilbury in Esfex, to which Place "I went on purpose, having heard of its Fame in " my Country: I came here about 6 Weeks ago, " and foon found Benefit, and now am perfectly " well with drinking the Tilbury Water only. I am " now grown strong and hearty; I eat and drink

with a good Appetite, and am as well as ever in my Life. To publish this great Cure, I give this Certificate, and fign it with my Hand. West Tilbury, William Williams, June 27, 1737.

Y Joseph Bramald of Windmill-bill, London, was taken with a Loofeness about 5 Months " ago, which was fo violent, that I often went " 20 or more times to Stool in 24 Hours, and " frequently was obliged to get up 12 or 14 times in a Night. My Excrements at first were as thin as Water, attended with continual gripings, " fo that as foon as I eat or drank any thing, I " was grip'd till it went away by Stool; and " latterly I voided a great deal of Blood with "them. I took Milk with Chalk boil'd in it, " also Oak-Bark, and Oak Saw-dust boil'd in "Water, and Milk, a handful of the Bark in ? " pints of Milk, boil'd away to 2, then Pome-" granate peel boil'd in red Wine, and many " other things, but all without effect, fo that with " loss of Appetite, and want of Nourishment, I " was fo wasted that I thought my felf a dying-" But my Brother having feen a very remarkable " Cure performed by the Tilbury Water of the "Bloody Flux, put me in mind of it, and en-" couraged me to drink it. I had no fooner drank " a Bottle of it but I found an Alteration for " the better, and it did not gripe me, as all other " things did; and 'tis about 5 Weeks fince I be-" gan drinking it, and at this present time am " (thank God) in perfect Health, my Appetite " restored, my Flesh and Strength is come again, " and I don't go above Once a Day to Stool, ". feldom Twice, my Excrements being of a na-" tural Hardness, and well colour'd; owing to " the Tilbury Water only, for I took nothing " else during the time I drank it. This I certi-" fy to be Truth, Witness my Hand. London Nov. 29. 1739. Joseph Bramald.

FINIS.